



## **M'lis: MRP (Meal Replacement Powder)**

### **Glycemic Balancing Chocolate Shake**

**Mix 2 scoops in 6-8 oz of water or milk. (180 calories mixed in water)**

#### **Product Function:**

- **Replaces a Balanced Meal**
- **Aids Weight Management**
- **Promotes Lean Muscle**
- **Enhances Digestion**
- **High Protein, High Fiber, Zero Sugar**
- **Balances Blood Sugar Levels**
- **Provides Essential Vitamins and Minerals**
- **Fights Candida**

#### **Use for Breakfast or Between Meals**

Ingredients: Low Glycemic Protein Blend (Whey Protein Concentrate, Milk Protein Isolate, Whey Protein Isolate), Organic Brown Rice Powder, High-Oleic Sunflower Oil, Conjugated Linoleic Acid (CLA), Carageenan Fiber, Glucomannan Fiber, Guar Gum Fiber, Barley Fiber, Acacia Fiber, Chicory Root Fiber, Xylitol CF™, Lo Han Extract, Citrus Bioflavonoids, Brindle Berry, Stevia, Natural Flavors, Calcium Citrate, Ascorbic Acid, Magnesium Chelate, Pyridoxine HCL, Vitamin K 1, Vitamin D3, Vitamin A, Folic Acid, Chromium Chelate, Iron, Potassium Citrate, Digestive Enzyme Blend, Probiotic Blend(L-Acidophilus and Bifidus), Omega 3 Fatty Acids, Trace Minerals.

#### **Nutritional Profile**

**20 grams of Protein**

**10 grams of Low Glycemic Carbs**

**5 grams of Fiber (soluble)**

**3 grams of Fat (1 saturated)**

**0 grams of Sugar**

- **Amazing Taste**
- **Instant Mixing with Just Cold Water. No Need to Blend**
- **No Artificial Sweeteners**
- **No Hydrogenated Oils**
- **Low Glycemic, Ratio Meal**
- **Muscle Toning and Blood Sugar Balancing Ingredients**
- **Enhanced with**
  - **Digestive Enzymes**
  - **Probiotics**
  - **Omega 3 Fatty Acids**
  - **Trace Minerals**
- **Lactose Free**
- **Soy Free**